As the situation surrounding novel coronavirus (COVID-19) continues to evolve, the team here at Dream Sleep Medicine is doing everything we can to ensure your safety and provide maximum flexibility. We are deeply committed to ensuring the health and safety of not only our patients, but their families. There are multiple precautions we are taking to show our dedication to protecting you and your loved ones.

- Offering Telemedicine Visits & In Person Office Visits
- Asking Patients To Wait In Their Car Until Staff Texts Them to Come In For Their Appointment
- By Texas Medical Law, We Require All Patients & Staff Wear A Mask Inside Our Clinic
- Utilize Technology to Collect Information Digitally To Reduce Hand-To-Hand Contact

Appointments

For our patients who are concerned about leaving their homes, we offer telemedicine visits that can be conducted online at no additional cost. Please call us should you wish to convert your appointment to a telemedicine visit. These visits are typically covered by all insurance carriers the same as an in-office visit. Medicare has also approved telemedicine visits.

Home Sleep Testing

We always try to opt for home sleep testing when clinically indicated. This allows for you to avoid having to spend the night in a sleep lab where there is much more foot traffic on a daily basis and rather perform the test in the comfort of your own home. It is also considerably more affordable!

For patients who have upcoming sleep testing scheduled or are concerned about sleep testing we would like to reiterate that we always use biocidal agents to disinfect/clean our home sleep testing (HST) devices in between use.

At Dream Sleep Medicine, we are ALWAYS committed to providing the highest quality and safest care possible for you and your family. We recommend that all patients continue to follow State and Local guidelines to minimize the spread of COVID-19.

For any further questions and concerns, feel free to call our office at 214-308-1525 for any questions and our staff will be happy to help.

Regards,

Vikas Jain MD FAASM

Dream Sleep Medicine